

# MY GRATITUDES

NAME \_\_\_\_\_

DATE \_\_\_\_\_

*WHAT is one good thing that happened today? Why was it good?*

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*WHO are you thankful for today? Why?*

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*WHAT made you laugh today?*

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*WHAT is one thing you learned today?*

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*HOW did you help someone else today?*

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***IT'S NOT HAPPINESS THAT BRINGS US GRATITUDE,***

***IT'S GRATITUDE THAT BRINGS US HAPPINESS...***

