

A Checklist For Parents

Check each statement that is true for you or your child.

- G 1. I give my child a lot of love and support.
- G 2. My child can come to me for advice and support. We have frequent, in-depth conversations.
- G 3. My child knows three or more other adults that he or she can go to for advice and support.
- G 4. Our neighbors encourage and support my child.
- G 5. My child's school provides a caring, encouraging environment.
- G 6. I'm actively involved in helping my child succeed in school.
- G 7. My child feels valued by adults in our community.
- G 8. My child is given useful roles in our community.
- G 9. My child serves in our community one or more hours each week.
- G 10. My child feels safe at home, at school, and in our neighborhood.
- G 11. Our family has clear rules and consequences for behavior. We monitor each other's whereabouts.
- G 12. My child's school has clear rules and consequences for behavior.
- G 13. Our neighbors take responsibility for monitoring my child's behavior.
- G 14. I model positive, responsible behavior, and so do other adults my child knows.
- G 15. My child's best friends model responsible behavior.
- G 16. I encourage my child to do well, and so do my child's teachers.
- G 17. My child spends three or more hours each week in lessons or practice in music, theater, or other arts.
- G 18. My child spends three or more hours each week in school or community sport, clubs or organizations.
- G 19. My child spends one or more hours each week in religious services or participating in spiritual activities.
- G 20. My child spends two or fewer nights each week out with friends "with nothing special to do".

- G 21. My child wants to do well in school.
- G 22. My child likes to learn new things.
- G 23. My child does an hour or more of homework each school day.
- G 24. My child cares about her or his school.
- G 25. My child reads for pleasure three or more hours each week.
- G 26. My child believes that it's really important to help other people.
- G 27. My child wants to help promote equality and reduce world poverty and hunger.
- G 28. My child acts on his or her convictions. My child stands up for his or her beliefs.
- G 29. My child tells the truth-even when it's not easy.
- G 30. My child accepts and takes personal responsibility for his or her actions and decisions.
- G 31. My child believes that it's important not to be sexually active or to use alcohol or other drugs.
- G 32. My child is good at planning ahead and making decisions.
- G 33. My child is good at making and keeping friends.
- G 34. My child knows and is comfortable with people of different cultural, racial, and/or ethnic backgrounds.
- G 35. My child resists negative peer pressure and avoids dangerous situations.
- G 36. My child tries to resolve conflicts nonviolently.
- G 37. My child believes that he or she has control over many things that happen to him or her.
- G 38. My child feels good about herself or himself.
- G 39. My child believes that his or her life has a purpose.
- G 40. My child is optimistic about her or his future.