



## Asset Building with Youth

Asset building for youth in SD17 is developing school communities into very powerful influences in the lives of young people. Assets help our youth succeed, They are positive things that help young people grow up to be healthy, caring and responsible. Adults can commit to helping youth build the assets they need to succeed by choosing 2 to 3 affirmations per week. Write the affirmations on 3 sticky notes and place them where you will see them each day to remind you to act upon them.

### Asset Building Affirmations

1. I'm a powerful asset builder in the lives of youth in my community.
2. I know and use young people's names regularly when I see them.
3. I focus daily on young people's gifts and talents.
4. I help youth use their strengths to overcome their deficits.
5. I regularly encourage other adults in my community to build assets with young people.
6. When young people are in trouble, I begin my interactions by focusing on their strengths.
7. Each day, I am involved in spontaneous acts of asset building.
8. I am expanding my positive influence by pursuing relationships with young people I don't know.
9. At least once a week, I do something for youth that goes beyond their normal expectations.
10. I work hard to maintain relationships with youth with whom I am already connected.
11. I have high expectations for myself, my fellow community members, and young people in my community.
12. I take the time to listen when young people listen to me.
13. I take initiative in engaging young people positively.
14. I smile at and make eye contact with young people as I go about my day.
15. I believe that my power as an asset builder comes from the relationships that I develop with youth.
16. I engage young people positively at school and in the community.

*From Get Things Going! 50 Asset Building Activities for Workshops, Presentations, and Meetings, 2000 Search Institute 800-888-7828; [www.search-institute.org](http://www.search-institute.org).*

For a copy of the 40 developmental assets all youth need to succeed contact  
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